

2625 North King Street Flagstaff, Arizona 86004 TEL 928.679-7272 FAX 928.679-7270

News Release FOR IMMEDIATE RELEASE

From: Trish Lees

928-679-7331

Date: May 6, 2009

Surveillance Continues - No H1N1 (Swine) Flu Cases reported in Coconino County

The Coconino County Health Department (CCHD) is continuing efforts to respond to the current H1N1 (swine) flu situation. As of May 6, there are no positive cases of H1N1 (swine) flu in Coconino County.

Currently, there are 49 confirmed cases of the H1N1 (swine) flu identified in Arizona. This increase is due in part to a backlog of testing at the Centers for Disease Control and Prevention (CDC) and is not necessarily an indication that the illness is spreading at a more rapid rate.

Arizona influenza surveillance will continue; however, additional confirmed case numbers may decrease in the coming weeks due to a change in the testing guidelines. Clinicians have been asked to test only individuals who are hospitalized with flu-like symptoms. Coconino County health officials do expect that the number of individuals who become ill with this influenza will increase, but because it is generally a mild illness, many will not seek medical care.

The Centers for Disease Control and prevention is reporting a total of 642 confirmed H1N1 Cases in the United States as of May 6, 2009.

Texas health officials have confirmed the first death of a United States resident with swine flu. Officials say the flu victim was a woman who lived in Cameron County, along the U.S.-Mexico border, and had other, chronic health problems. Last week, a boy from Mexico City died at a Houston hospital, marking the first swine flu death in the United States.

The Coconino County Health Department has activated the CCHD Flu Information Line to provide up to date information regarding H1N1 (swine) flu.

• Page 2 May 12, 2009

CCHD Flu Information Line 928-679-7300

Recorded Information Available 24 Hours

Information available in English and Spanish

CCHD officials continue to encourage the following simple actions to help stop the spread of germs and protect individuals from illness:

- Wash your hands frequently.
- Avoid touching your eyes, nose or mouth.
- Avoid contact with people who are sick.
- Sneeze or cough into your sleeve; this is the preferred method of covering your cough. If you can't do this, cover your mouth with a tissue when coughing or sneezing, and wash your hands afterwards.
- Stay home when you are sick.

Additional information is available at www.coconino.az.gov/health.

-END-